

“Habitual Gratitude”
The DNA of Gratitude Series, Part 3
November 22, 2020

“In everything give thanks; for this is the will of God for you in Christ Jesus.”
1 Thessalonians 5:18

Like every other Spiritual Discipline, gratitude must be _____

“³¹Now the house of Israel called its name manna. It was like coriander seed, white, and the taste of it was like wafers made with honey. ³²Moses said, ‘This is what the LORD has commanded: “Let an omer of it be kept throughout your generations, so that they may see the bread with which I fed you in the wilderness, when I brought you out of the land of Egypt.”’ ³³And Moses said to Aaron, ‘Take a jar, and put an omer of manna in it, and place it before the LORD to be kept throughout your generations.’ ³⁴As the LORD commanded Moses, so Aaron placed it before the testimony to be kept. ³⁵The people of Israel ate the manna forty years, till they came to a habitable land. They ate the manna till they came to the border of the land of Canaan. ³⁶(An omer is the tenth part of an ephah).” Exodus 16:31-36

FOUR HABITS OF GRATITUDE

1. Recall His _____ and remember His _____

“Oh give thanks to the Lord, for he is good; for his steadfast love endures forever!” 1 Chronicles 16:34

2. Realize your _____

“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.” Psalm 23:4

3. Rejoice at _____

“This is the day that the Lord has made; let us rejoice and be glad in it.” Psalm 118:24

4. Restore your _____

“⁴One generation shall commend your works to another, and shall declare your mighty acts. ⁵On the glorious splendor of your majesty, and on your wondrous works, I will meditate. ⁶They shall speak of the might of your awesome deeds, and I will declare your greatness. ⁷They shall pour forth the fame of your abundant goodness and shall sing aloud of your righteousness.”
Psalm 145:4-7

NEXT WEEK
Join us for our Christmas Series!

