

**OVERLOAD**  
**Gearing Down Series, Part 3**  
**March 17, 2019**

You need to rest when you are \_\_\_\_\_

*“<sup>9</sup>There remains, then, a Sabbath-rest for the people of God; <sup>10</sup>for anyone who enters God’s rest also rests from their works just as God did from his. <sup>11</sup>Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience here,”* Hebrews 4:9-11

*“<sup>28</sup>Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup>Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy and my burden is light.”*

Matthew 11:28-30

1. Leave \_\_\_\_\_

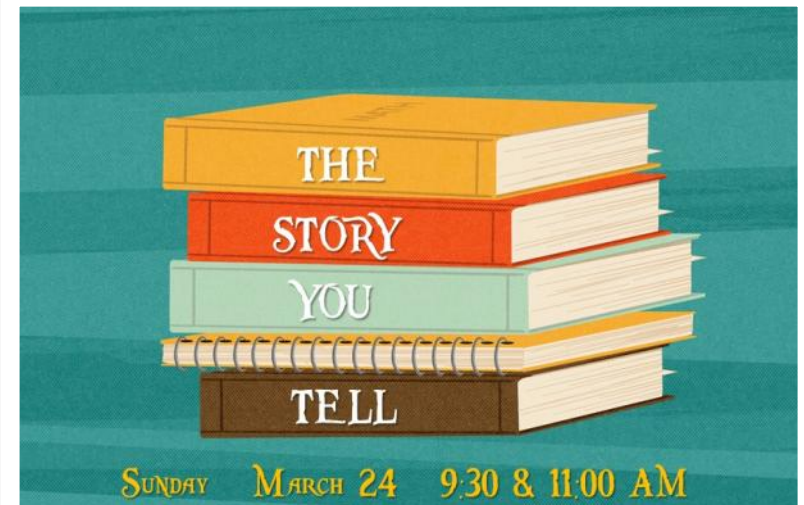
2. Live \_\_\_\_\_

3. Learn \_\_\_\_\_

*“<sup>28-30</sup>Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me — watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”* (The Message)

Extra notes...

**NEXT WEEK...**



**Weekly  
Financial Report  
March 4 - 10, 2019**

Tithes & Offerings: \$11,800  
Weekly Budget: \$15,719