

“WHY AM I OUT OF CONTROL?”

Reset Series, Part 1

January 2, 2022

Lack of self-control is simply _____

“¹⁴So the trouble is not with the law, for it is spiritual and good. The trouble is with me, for I am all too human, a slave to sin. ¹⁵I don’t really understand myself, for I want to do what is right, but I don’t do it. Instead, I do what I hate. ¹⁶But if I know that what I am doing is wrong, this shows that I agree that the law is good. ¹⁷So I am not the one doing wrong; it is sin living in me that does it. ¹⁸And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can’t. ¹⁹I want to do what is good, but I don’t. I don’t want to do what is wrong, but I do it anyway. ²⁰But if I do what I don’t want to do, I am not really the one doing wrong; it is sin living in me that does it. ²¹I have discovered this principle of life - that when I want to do what is right, I inevitably do what is wrong. ²²I love God’s law with all my heart. ²³But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. ²⁴Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?²⁵Thank God! The answer is in Jesus Christ our Lord.” Romans 7:14-25a

Discipline is _____

“I have discovered this principle of life - that when I want to do what is right, I inevitably do what is wrong.” Romans 7:21

1. Discipline determines _____, **not**

“²²I love God’s law with all my heart. ²³But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. ²⁴Oh, what a miserable person I am!” Romans 7:22-24a

2. Discipline is _____

“^{24b}Who will free me from this life that is dominated by sin and death?²⁵Thank God! The answer is in Jesus Christ our Lord.”

Romans 4:24b-25a

3. Discipline is _____

“So I say, walk by the Spirit, and you will not gratify the desires of the flesh.” Galatians 5:16

4. Discipline is _____

NEXT WEEK ...

